



## **Travel**

- See the Northern Lights
- Live abroad
- Travel the coast
- Fly first class
- Take a rail trip around Europe
- Go on a safari
- Go on a walking holiday
- Go on a backpacking holiday
- Hire a canal boat
- Act like a tourist in your own town
- Go on a road trip
- Go camping
- Visit Stonehenge
- Spend Christmas somewhere unusual
- Visit one of the Seven Wonders of the World
- Go on a cruise
- Visit at least 5 continents
- Go on a skiing holiday
- Go to a sporting event you love (e.g. Wimbledon)



## **Learn**

- Learn how to play an instrument
- Study for a degree
- Learn a new language
- Learn a new style of dance
- Learn how to draw/paint
- Learn how to bake from scratch
- Learn how to solve a Rubik's cube
- Learn basic first aid
- Learn how to tie knots
- Learn how to fish
- Learn how to swim
- Learn how to ride a bike
- Learn how to grow fruit and vegetables
- Learn magic tricks
- Take a cooking class
- Learn how to surf
- Learn a new sport
- Learn how to make your own beer/wine
- Learn how to crochet
- Learn how to whistle
- Learn how to juggle
- Learn photography
- Learn calligraphy
- Learn yoga
- Learn bird watching
- Learn horse riding
- Learn how to scuba dive
- Learn how to make cocktails at home



## **Revisit the past**

- Look up an old friend
- Research your family history
- Create a family tree
- Give an heirloom to someone you love
- Visit where your parents grew up
- Write a journal of your memories
- Revisit your honeymoon destination
- Attend a school reunion
- Learn the history of a place you love
- Create a scrapbook for your children
- Visit locations from your childhood
- Re-read your old journals and fulfil a dream that you had when younger



## Achieve a life event

- Buy a house
- Conquer a fear
- Fall in love
- Get married
- Retire
- Learn to drive
- Adopt a pet
- Throw yourself a milestone party



## Do something daring

- Go skinny dipping
- Change your hair colour
- Set a Guinness World Record
- Send a message in a bottle
- Go to a casino
- Try acupuncture
- Invest in something crazy
- Get your 15 mins of fame
- Meet an exotic animal (elephant/-tiger/panda/etc.)
- Meet a celebrity
- Try a new cuisine
- Swim in the ocean
- Watch the sunrise in a beautiful location
- Pose for a life drawing class
- Swim with dolphins
- Get a tattoo
- Test drive the car you've always wanted
- Pull an all-nighter
- Go zip-lining
- Sleep under the stars
- Go up in a hot air balloon
- Do something embarrassing
- Get a dramatic new hairstyle
- Go to a festival
- Sky-dive / bungee-jump
- Do karaoke in public
- Go on a ghost hunt
- Visit a nudist beach



## Do something you just haven't got around to

- Start a business
- Write a book
- Build something from scratch
- Decorate your home
- Watch that film you've always wanted to
- Eat at one of the world's top restaurants
- Read that book you've always wanted to
- Wear that item of clothing you've always wanted to (e.g. bikini, bright colours)



## Do something for someone else

- Do a sponsored walk/run
- Pay for a stranger's drink
- Volunteer at a community project
- Hide money in random places for strangers to find
- Take your family on a surprise vacation
- Leave a big tip at a restaurant
- Plan a surprise party for a loved one
- Leave a message in a public place for someone else to find
- Give a stranger a compliment
- Say 'yes' to everything for a day



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