

How to Complete a Job Hazard Analysis

A Job Hazard Analysis (JHA), also called a job safety analysis (JSA) is a technique which helps integrate accepted safety and health principles and practices into a particular task or job operation to reduce the hazards and risk of injury to workers. In a JHA, each step of the job is evaluated to identify potential hazards and the controls necessary to mitigate those hazards. The terms "job" and "task" are commonly used interchangeably to mean a specific work assignment, such as "operating a hand truck" or "applying pesticides".

A supervisor and/or staff who actually perform a particular task should develop the JHA. Supervisors or their designee should review and maintain the JHA.

Instructions for Conducting a Job Hazard Analysis

1. **Involve personnel involved in performing the activity or experimentation.**
 - Discuss what you are going to do and why
 - Explain that you are studying the task, not employee performance
 - Involve the employees in the entire process
2. **Identify university and regulatory requirements that apply to your tasks. Incorporate those requirements into your JHA. This may include PPE, engineering controls, administrative controls, etc.**
3. **Set priorities.**
 - Tasks using high hazard chemicals, biologicals, radioactive materials or high hazard equipment.
 - Tasks where there have been "close calls" - where an incident occurred but no one got hurt;
 - Tasks with the potential to cause serious injuries or illness, even if there is no history of such problems;
 - Tasks in which one simple human mistake could lead to severe injury;
 - Tasks that are new to your experimentation or have been changed; and
 - Tasks complex enough to require written instructions.
4. **Identify workplace hazards.**
 - A job hazard analysis includes identifying the hazards:
 - What hazardous materials are you working with (chemical, biological, radioactive)?
 - What physical hazards are you working with (electrical, thermal, height, etc.)?
 - What can go wrong?
 - What are the consequences?
 - How could it arise?
 - What are other contributing factors?
 - How likely is it that the hazard will occur?
5. **Identify hazard control measures.**

- Hazard control measures recommended in the analysis must be incorporated into the tasks. Not all hazard controls are equal. Some are more effective than others at reducing the risk.
- Engineering controls
 - Elimination/minimization of the hazard
 - Substituting processes, equipment, materials
 - Enclosure of the hazard using enclosed cabs, enclosures for noisy equipment, or other means
 - Isolation of the hazard with interlocks, machine guards, blast shields, welding curtains, or other means
 - Removal or redirection of the hazard such as with local and exhaust ventilation.
- Administrative controls
 - Written operating procedures, work permits, and safe work practices
 - Exposure time limitations (used most commonly to control temperature extremes and ergonomic hazards)
 - Monitoring the use of highly hazardous materials
 - Alarms, signs, and warnings
 - Buddy system
 - Training
- Personal protective equipment
 - Safety Glasses
 - Hearing Protection
 - FR Lab Coats
 - Face Shields

6. Training

- Ensure that affected personnel have reviewed the JHA and understand the hazards and the controls that are required.
- Train all new personnel on the JHA

7. Review and Record Retention

- Review JHA periodically to ensure accuracy.
 - If updates made, ensure all affected personnel are informed.
- Training records and JHAs shall be maintained per [the University Record Management and Archive Policy](#).
 - These records may be retained electronically or in hard copy format.

See Figure 1 for an example of a completed JHA

- ① In the Task column, identify each step (or task) required to complete the job. Consider preparation and clean-up, and be as thorough as possible. Number the steps sequentially.
- ② In the Hazard column, write down the hazards associated with the specific step.
- ③ In the Controls column, write down all safe practices and controls to mitigate the hazards.

| JOB/TASK/EXPERIMENTAL PROCEDURE SAFETY AND HEALTH ANALYSIS | | | |
|---|------------------------------------|---|--|
| DEPARTMENT: PI/SUPERVISOR: Mr. Supervisor | | TASK/EXPERIMENTAL PROCEDURE: Using a Hand truck | |
| PREPARED BY: Ms. Driver | | | |
| REVIEWED BY: | DATE APPROVED: | REVIEW/REVISION DATE: | |
| PERSONAL PROTECTIVE EQUIPMENT REQUIREMENTS (PPE). If appropriate attach PPE Assessment: Gloves if necessary | | | |
| TRAINING/COMPETENCY REQUIRED: Operation of a Hand Truck PPE | | | |
| Step # | TASK ① | POTENTIAL SAFETY AND HEALTH HAZARDS ② | CONTROLS ③ |
| 1 | Pre-operation Safety Check | <ul style="list-style-type: none"> Untrained operator | <ul style="list-style-type: none"> Training on hand truck design, controls and instrumentation. Training on the hand truck stability and the proper way to transport, load, and stack on the hand truck. |
| 2 | Assembling a load | <ul style="list-style-type: none"> Rolling the wheels off the edge of ramps and loading docks. | <ul style="list-style-type: none"> Stay well back from the edge. Never turn around on the slope. When going down a ramp, keep the truck ahead of you. When going up, pull the truck behind you. Make sure the chisel of the truck is all the way under the load. |
| 3 | Operating the Two-wheel Hand truck | <ul style="list-style-type: none"> Slip/trip/fall | <ul style="list-style-type: none"> Slow down for turns. Make sure that you have enough overhead clearance. |
| 4 | Transporting the load | <ul style="list-style-type: none"> Pinching hands between the truck and other objects. | <ul style="list-style-type: none"> Be Alert Wear gloves to protect your hands. Strap bulky or dangerous cargo to the truck's frame. When moving a stack of objects, put the heavier ones on the bottom. |
| 5 | Storing the hand truck | <ul style="list-style-type: none"> Trip hazard | <ul style="list-style-type: none"> Store in a safe out of the way area. |

Figure 1. Example - Completed JHA for Operation of a Hand Truck.

JHA Template

| JOB/TASK/EXPERIMENTAL PROCEDURE SAFETY AND HEALTH ANALYSIS | | | |
|---|------|-------------------------------------|-----------------------|
| DEPARTMENT: PI/SUPERVISOR: | | TASK/EXPERIMENTAL PROCEDURE: | |
| PREPARED BY: | | | |
| REVIEWED BY: | | DATE APPROVED: | REVIEW/REVISION DATE: |
| PERSONAL PROTECTIVE EQUIPMENT REQUIREMENTS (PPE). If appropriate attach PPE Assessment: | | | |
| TRAINING/COMPETENCY REQUIRED: | | | |
| Step # | TASK | POTENTIAL SAFETY AND HEALTH HAZARDS | CONTROLS |
| 1 | | • | • |
| 2 | | • | • |
| 3 | | • | • |
| 4 | | • | • |
| 5 | | • | • |

You may insert rows below as necessary.