

Minimum Contents of First-Aid Boxes

	Contents	Box A	Box B	Box C
1	Individually wrapped sterile adhesive dressing	20	40	40
2	Crepe bandage 5cm	1	2	4
3	Crepe bandage 10cm	1	3	6
4	Absorbent gauze (packet of 10 pieces)	5	10	15
5	Hypoallergenic tape	1	1	2
6	Triangular bandages	4	4	6
7	Scissors	1	1	1
8	Safety pins	4	4	6
9	Disposable gloves (pairs)	2	2	4
10	Eye shield	2	4	6
11	Eye pad	2	4	6
12	Resuscitation mask (one-way)	1	1	2
13	Sterile water or saline in 100ml disposable containers (only where tap water is not available)	1	3	3
14	Torch light	1	1	1

Every workplace shall be provided with the relevant first-aid box as follows:

- a. one Box A first-aid box for every 25 persons or less employed in the workplace
- b. one Box B first-aid box or 2 Box A first-aid boxes for every 50 persons employed in the workplace
- c. one Box C first-aid box, 2 Box B first-aid boxes or 4 Box A first-aid boxes for every 100 persons employed in the workplace.

Every Box A, Box B or Box C first-aid box provided in a workplace shall:

- a. contain the contents specified above for that type of first-aid box
- b. be properly maintained
- c. be checked frequently to ensure that it is fully equipped and that all items in it are usable
- d. be clearly identified as a first-aid box
- e. be placed in a location that is well-lit and accessible
- f. be under the charge of a person appointed by the occupier of the workplace

Some important points:

- The first aid box should not contain soft drinks or any prescription drugs.
- Be sure that the first aid box is stock up to the above quantity.
- Boxes should be inspected once a week, at minimal, and replenished as necessary
- A staff should be designated for inspecting and replenishing the first aid box
- A log box should be kept indicating the quantity consumed
- First aid boxes should not be obstructed