HCE – Time Management

Imagine your perfect world -

What would your ideal afterschool schedule look like?

|  |  |
| --- | --- |
| **3:00pm** |  |
| **4:00pm** |  |
| **5:00pm** |  |
| **6:00pm** |  |
| **7:00pm** |  |
| **8:00pm** |  |

On the calendar, fill in all of your afterschool commitments (swimming, karate, daycare, etc). Then fill in all of the time you spend eating, bedtime routines, etc.

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
|  |  |  |  |  |

How long should you give yourself to do homework each day?

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_minutes/hours

Does this seem doable? Yes No

Are there any changes I need to make to my current routine?